

1. Which of these is a MYTH not a reality about Safe Patient Handling and Mobility (SPHM)?
 - a. ANA recommends elimination of all manual lifting
 - b. Manual lifting over time can cause spinal damage
 - c. Smaller patients do not require use of SPHM technology
 - d. Healthcare workers can use SPHM technology and still be personal and caring

2. What is the value of SPHM in healthcare?
 - a. Improving safety and quality of patient care
 - b. Decreasing the overall cost of providing healthcare
 - c. Increases healthcare recipients satisfaction
 - d. All of the above

3. When should a healthcare worker perform hand hygiene?
 - a. Only after wearing gloves
 - b. During lunch
 - c. Before and after touching a patient
 - d. After applying lotion

4. Which of these is **not** PPE?
 - a. Eye shields
 - b. Goggles
 - c. Scrubs
 - d. Masks

5. In the acronym P.A.S.S. the first S stands for
 - a. Sweep back and forth
 - b. Squeeze the handle
 - c. Stand as far away from the fire as possible
 - d. Spray the fire with water

6. Another name for “customer service” in healthcare is:
 - a. Caring
 - b. Professionalism
 - c. Bedside manner
 - d. Being client centered

7. Which of the following are components of HIPAA?
 - a. Privacy
 - b. Security
 - c. Transactions
 - d. All of the above

15. List some examples how a person can demonstrate knowledge, skills and attitude regarding cultural competence:

16. In Home Health Care, patient identifiers can be the patient's name, date of birth and correct address.
 - a. True
 - b. False

17. Infection can enter your body through inhalation, through your eyes, nose and mouth, a break in your skin and through a contaminated sharp object.
 - a. True
 - b. False

18. Standard precautions require that you treat all patients as though they may be infected.
 - a. True
 - b. False

19. Hand washing is the single most important precaution for preventing the spread of infection.
 - a. True
 - b. False

20. It is recommended to drink 6-8 cups (8 oz.) of water daily.
 - a. True
 - b. False

21. Signs and symptoms of dehydration may include:
 - a. Dry lips and mouth
 - b. Difficulty swallowing
 - c. Concentrated urine or decreased urine output
 - d. Poor skin elasticity
 - e. All of the above

22. When you are assigned to shop for groceries, plan meals and cook for a client it is important to:
 - a. Know the person's food preferences and eating habits
 - b. Check the Care plan/Diet plan to take into consideration a special diet and to review the foods allowed
 - c. Plan menus for a full week and check recipes for ingredients
 - d. Create a shopping list and save all grocery receipts for the client and family
 - e. All of the above

23. Diabetes meal planning involves all the following **EXCEPT**:
- The person's food preferences
 - Eating the same amount of carbohydrates, protein, and fat each day
 - Eating at regular times
 - A high calorie diet
24. Mr. Smith is on a sodium-controlled diet. He wants salt for his chicken. You should?
- Bring him the salt
 - Call the nurse
 - Remind him that added salt is not allowed on his diet
 - Ignore the request
25. When caring for a patient in their own home, part of checking for patient safety may include:
- Checking stairs to make sure they are free of clutter
 - Making sure emergency numbers are written large enough for the patient to read them
 - Setting a timer when cooking for the patient to remind you that food is on the stove
 - Immediately wipe spills from floor
 - A and D only
 - All of the above
26. Pushing is easier on your back than pulling.
- True
 - False
27. The greatest threat from heat application is:
- Infection
 - Burns
 - Chilling
 - Pressure ulcers
28. When transferring a person to a bed, a chair, or the toilet:
- The person's strong side moves first
 - The weak side moves first
 - Pillows are used for support
 - The transfer belt is removed

29. To help maintain patient privacy and confidentiality you should do all of the following **EXCEPT**:
- Allow them to use the bathroom in private (unless patient is a high fall risk)
 - Allow them to pick out their clothing
 - Answer their phone and give information regarding their condition to the caller if it is a family member
 - Maintain their privacy during personal care, making sure the person's body is not exposed unnecessarily.
30. If the patient reports that their personal property has been lost, stolen or damaged you should:
- Call the police
 - Proclaim your innocence
 - Report it to your Agency or supervisor immediately so the claim can be investigated
 - Tell the patient that they are old and forgetful
31. You assist with housekeeping. Which is **FALSE**?
- Dusting and vacuuming are done at least weekly
 - Spills are wiped up right away
 - Bathroom surfaces are cleaned daily
 - Spills and splashes are wiped up only after meals
32. Home health aides shall remind and assist the client to take prescription medications or other non-prescription medications that have been previously set up by a family member or licensed professional.
- True
 - False
33. When working with a person who has a bedside commode or bedpan, which of the following is **TRUE**?
- Contents can be disposed of in the sink
 - Cleanse the equipment after each use with an approved disinfectant
 - Gloves are not needed when emptying contents of commode or bedpan
 - Cleanse the equipment only if an odor is detected
34. Which should you report at once?
- Oral temp. of 98.4F
 - Oral temp. of 102F
 - Axillary temp. 97.6F
 - Rectal temp. of 99.6F

35. Which is usually used to take a pulse?
- The radial pulse
 - The apical-radial pulse
 - The apical pulse
 - The brachial pulse
36. All of the following describe normal respirations **EXCEPT**:
- There are 12-20 per minute
 - They are quiet and effortless
 - They are regular with both sides of the chest rising and falling equally
 - The person breathes through the mouth
37. Which blood pressure is normal for an adult?
- 86/50 mm Hg
 - 200/106 mm Hg
 - 110/74 mm Hg
 - 150/90 mm Hg
38. What does R.A.C.E. stand for in Fire Safety?
- Run, Alarm, Call, Escape
 - Rescue, Alarm, Contain, Evacuate/Extinguish
 - Run, Act out, Call for help, Exterior
 - Reason, Alarm, Call, Escape
39. Safe oxygen handling includes refraining from smoking or open flames in the home, keeping cylinders in a secure upright position and storing cylinders away from heat or direct sunlight.
- True
 - False
40. To assist in preventing falls, which of the following should be done?
- Evaluate the patient's fall history
 - Conduct a gait and balance screening
 - Do not allow the patient to get out of bed
 - Review medications and alcohol consumption
 - All except C
41. Compliance is the responsibility of the Compliance Officer, Compliance Committee and Upper Management only.
- True
 - False

42. Ways to report a compliance issue include:
- Telephone hotline
 - In-person reporting to the compliance officer or supervisor
 - Both A and B
43. What is the policy of non-retaliation?
- Allows management to discipline employees who violate the Code of Conduct
 - Prohibits management and supervisors from harassing employees for misconduct
 - Protects employees who, in good faith, report suspected non-compliance
 - Prevents fights between employees
44. These are examples of issues that can be reported to a Compliance Department: suspected Fraud, Waste and Abuse (FWA); potential health privacy violation, and unethical behavior/employee misconduct.
- True
 - False
45. Quality Assurance-Process Improvement (**QAPI**) uses data to not only identify quality problems, but to also identify other opportunities for improvement, and then set priorities for action.
- True
 - False
46. Documenting OASIS information, in the client's charts, is critical for Quality Assurance-Process Improvement (QAPI) to be successful.
- True
 - False



Code of Conduct Post Test (Medical Staff)

1. Compliance is the responsibility of the Compliance Officer, Compliance Committee, and Upper Management only.
 - a. True
 - b. False

2. Ways to report a compliance issue include:
 - a. Telephone hotline
 - b. In-person reporting to the compliance department/supervisor
 - c. A and B

3. WellsBrooke protects employees who, in good faith, report suspected non-compliance.
 - a. True
 - b. False

4. Examples of issues that can be reported to a Compliance Department include:
 - a. Suspected Fraud, Waste and Abuse (FWA)
 - b. Potential health privacy violations
 - c. Unethical behavior/employee conduct
 - d. All of the above

5. Consequences for non-compliance, fraudulent, or unethical behavior may include:
 - a. Disciplinary action
 - b. Termination of employment
 - c. Both A and B